

YOUTH EDUCATIONAL ADVENTURES

# Size Doesn't Count

YE1K · Student Workbook

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Beginners · Year 3: Bible Heroes

Christian Educational Ministries — a faithful digital edition of the printed program

# Quiet Prayer

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## MEMORY VERSE

Psalm 6:9 “The Lord accepts my prayers” (NirV).

## SCRIPTURES

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1 Samuel 1:1-20

Psalm 6:9

Psalm 37:4

Psalm 61:1

Psalm 145:18

Proverbs 15:29

Matthew 21:22

Romans 8:24-27

Philippians 4:6

James 5:16

## WORDS TO KNOW

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ACCEPTS - receives, listens to

DRUNK - having had too much alcohol

## THE LESSON

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Hannah and her husband loved God. They went to God’s house. They gave offerings to God. And they prayed to God. But Hannah wasn’t happy.

All the married women Hannah knew had children. They talked to their babies. They listened to them giggle. They played with them. But, Hannah didn’t have a baby to cuddle in her arms. This made Hannah very sad.

Peninnah made fun of Hannah for not having any children. She teased her and made Hannah cry. Hannah was so sad that she wouldn’t even eat.

Hannah was in God’s house praying. She prayed a Quiet Prayer. Hannah’s lips were moving. She cried so hard that her eyes and nose were probably red. She prayed, “God, you see how sad I am. Please, please give me a baby of my own. If you give me a son, I promise to give him back to you.”

Eli the priest watched Hannah. Her lips moved, but he didn't hear her Quiet Prayer. But God heard her prayer. Eli thought Hannah was drunk. He told her to get rid of her wine.

Hannah told Eli why she was so sad. Eli said, "God will surely give you what you ask for." After that, Hannah went away happy. Why was Hannah so happy? Because God was going to answer her prayer!

God cares about you. He cares when you are sad or hurting. He wants to give you good things. And when you talk to God in prayer, He hears and answers your prayers.

#### DAILY DEVOTIONS

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Sunday - Psalm 61:1

Monday - Psalm 37:4

Tuesday - Psalm 145:18

Wednesday - Proverbs 15:29

Thursday - Matthew 21:22

Friday - Philippians 4:6

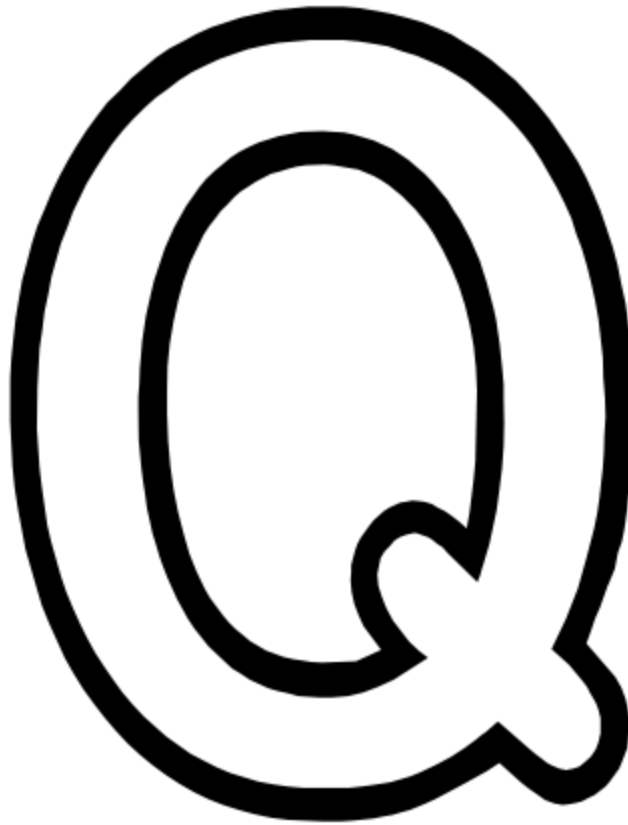
Saturday - James 5:16

# Activity

Draw a circle around the thing that Hannah prayed for.  
Color your picture.



## Lesson 1 Letter



# Here I Am!

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## MEMORY VERSE

1 Corinthians 8:3 - “But those who love God are known by God” (NIRV).

## SCRIPTURES

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1 Samuel 1:24-28

1 Samuel 3:1-21

1 Chronicles 28:9

Isaiah 6:8

Matthew 18:3-4

Luke 18:16

Romans 6:13

Romans 12:1-2

1 Corinthians 8:3

1 Timothy 4:12

2 Timothy 2:15

## WORDS TO KNOW

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GOD’S HOUSE - the Tabernacle or Temple, something like a church building

## THE LESSON

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Samuel went to live in God’s house when he was a little boy. He helped Eli the priest. Eli was getting old and he had trouble seeing. Maybe Samuel shined the golden lamp stand or kept the lamps filled with oil. Or maybe he opened the doors early in the morning. At night Samuel slept in his bed at God’s house.

One night a voice woke Samuel out of his sleep. Samuel listened. The voice called, “Samuel, Samuel.” Samuel got up. He went to Eli’s room. Eli was still asleep.

“Did you call me?” Samuel asked. But Eli said no. He told Samuel to go back to bed. The voice woke Samuel again. It woke him three times. Who do you think was calling him?

Each time Samuel went to Eli, but the priest said Samuel must be dreaming. The last time Samuel went to Eli the priest said it must be God talking. Eli said, “The next time you hear the voice say, ‘Here I am, Lord.’”

God told Samuel something very important. Eli's sons were doing bad things. God was going to punish them. He told this to Samuel because He knew Samuel would listen. Samuel loved God. God knows His children who love Him. He knows your name. He knows who your mommy and daddy are. He even knows how many hairs are on your head! God talks to you when you read His Word, the Bible. Do you do what He tells you, like Samuel did?

#### DAILY DEVOTIONS

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Sunday - Romans 6:13

Monday - 2 Timothy 2:15

Tuesday - Isaiah 6:8

Wednesday - 1 Timothy 4:12

Thursday - Matthew 18:3-4

Friday - Luke 18:16

Saturday - 1 Chronicles 28:9

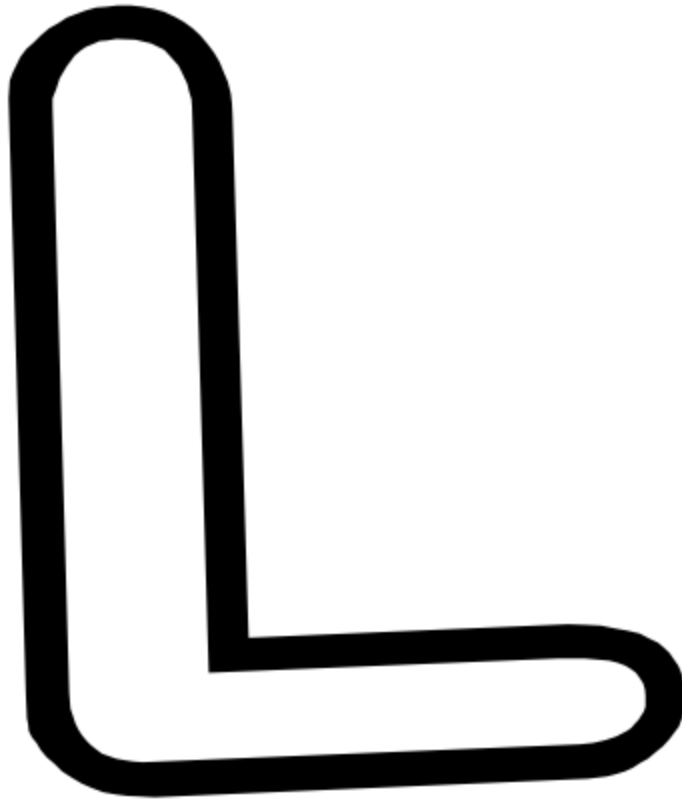
## Activity

Trace the letters to see who God called in the night.  
Color the picture.

S A M U E L



## Lesson 2 Letter



# Wait For The Lord

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## MEMORY VERSE

Psalm 37:7 - “Be still. Be patient. Wait for the Lord to act” (NIrV).

## SCRIPTURES

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Joshua 24:15  
1 Samuel 8:6-9  
1 Samuel 9:1-10:1  
1 Samuel 11:15  
1 Samuel 12:14  
1 Samuel 12:20  
1 Samuel 15:11  
Psalm 37:7  
Psalm 37:34  
Psalm 106:12-13  
Romans 12:2

## WORDS TO KNOW

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ACT - to do something

PATIENT - to wait without complaining

## THE LESSON

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Samuel grew up loving God and serving Him. He talked to God about the Israelites. And God told Samuel what He wanted the people to do. When Samuel got old he said his sons would lead the Israelites. But the people didn't want Samuel's sons to lead them. Samuel's sons were doing some bad things.

The Israelites saw that other countries had kings. They wanted a king, too. They wanted to choose their own leader. They didn't want to do things God's way. So God let them have a king.

The Israelites were fighting their enemies, the Philistines. They needed someone to help and lead them. God told Samuel about a man named Saul. God said to make Saul king over the Israelites. He was a tall, good-looking man.

God did some great things for His people. He led them out of Egypt. He opened up a dry path through the sea so His people could cross. He fed them in the desert. He gave them water to

drink. God helped them fight their enemies. But the Israelites disobeyed God.

God promises to be with people who love Him. He gives us what we need. He answers our prayers. But sometimes we have to wait for God's time. God doesn't get in a hurry. He does things when the time is right. God knows what is best for us. And He will give it to us at the right time. So, "Be still." Listen to what God says in the Bible. "Be patient." Don't get in a big hurry to have things right now. And, "Wait for the Lord to act." Don't do things your own way.

#### DAILY DEVOTIONS

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Sunday - Psalm 37:34

Monday - Psalm 106:12-13

Tuesday - Romans 12:2

Wednesday - 1 Samuel 12:14

Thursday - 1 Samuel 12:20

Friday - 1 Samuel 15:11

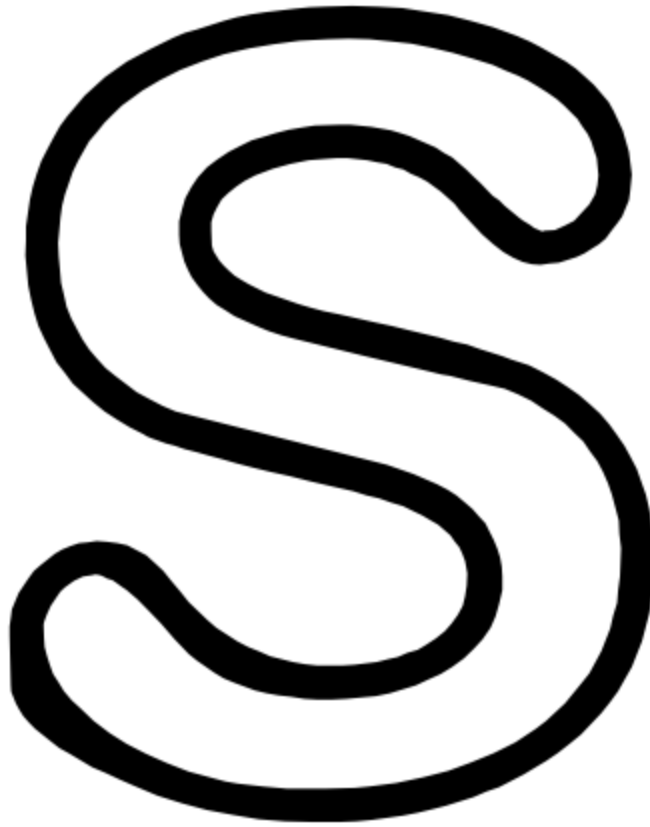
Saturday - Joshua 24:15

## Activity

The Israelites disobeyed God. They wanted a king to lead them. So God picked Saul to be their king. Color the picture of King Saul.



## Lesson 3 Letter



# Shepherd Boy

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## MEMORY VERSE

Ephesians 6:10 - “. . .let the Lord make you strong. Depend on his mighty power” (NIrV).

## SCRIPTURES

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Deuteronomy 7:6

1 Samuel 16:1-13

1 Samuel 17:1-51

Psalms 89:19-20

Isaiah 35:4

1 Corinthians 1:27

1 Corinthians 15:57

2 Corinthians 12:9

Ephesians 6:10

Ephesians 6:10-17

1 Timothy 4:12

## WORDS TO KNOW

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HARP - musical instrument with strings

SHEPHERD - a person who tends sheep

SLING SHOT - a pouch attached to two cords, used to throw rocks

## THE LESSON

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God picked Saul to be their king. Saul was a strong soldier. He led the people to fight the Philistines. But Saul did things he shouldn't do. So God picked a new king for the Israelites.

Do you think a king should be strong? Should he be a soldier? Should he be a man? Well, God doesn't always do things like you do. God picked a young shepherd boy to be Israel's king.

Samuel went to young David's house. He looked at David's big, strong brothers. But God said no! David was the youngest of eight boys. He watched over his father's sheep. Surely God didn't want David. But God said, "Yes. David will be the next king."

David loved the sheep and he loved to play music on his harp. He wasn't a fighter. But one day he had the fight of his life.

Saul's soldiers were fighting the Philistines. A giant, named Goliath, had them all scared. Goliath laughed at Saul's army. No one wanted to fight him because he was so big.

David said, "I will fight the giant." They put the king's armor on David, but it was too big. So David took five smooth stones and a sling shot. Around and around went the sling. Up, up in the air went the stone. Boink! The stone hit Goliath right in his head. Down, down, down went Goliath to the ground. God used a little shepherd boy to kill the great big giant!

#### DAILY DEVOTIONS

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Sunday - 1 Timothy 4:12

Monday - Deuteronomy 7:6

Tuesday - Psalm 89:19-20

Wednesday - 1 Corinthians 1:27

Thursday - Isaiah 35:4

Friday - 2 Corinthians 12:9

Saturday - 1 Corinthians 15:57

# Activity

Color the picture of David and Goliath



## Lesson 4 Letter



# A Shepherd's Song

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## MEMORY VERSE

Psalm 89:1 - “Lord, I will sing about your great love forever” (NIrV).

## SCRIPTURES

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1 Samuel 16:16-23

Psalm 21:13

Psalm 23:1-6

Psalm 68:4

Psalm 89:1

Psalm 96:2

Psalm 98:5

Psalm 104:33

Psalm 135:3

Ephesians 5:19

## WORDS TO KNOW

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LONELY - sad about being alone

SERVANT - a person working for someone, doing chores

## THE LESSON

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Saul was the king of Israel. But Saul was doing things he shouldn't do. So God picked David to be the next king.

It wasn't time yet for David to do the job of the king. He was just a young shepherd boy. David took care of his father's sheep. He kept them safe from wild animals.

David had a lot of time to think out in the fields. He thought about God and what God had planned for him. He prayed for God to help him.

Sometimes it got lonely out in the fields. So, David took his harp along with him. He played sweet music and sang songs to the sheep. His songs were about God's goodness and love. He even had a song about God being a Shepherd. We are God's sheep. He takes care of us. He gives us everything we need. And He helps us not be afraid.

God's Spirit was not with King Saul any more. And Saul started acting funny. Sometimes he was mad. Sometimes he was afraid. And sometimes Saul was just plain mean! His servants thought some music might help Saul feel better. So they sent for David.

King Saul liked David's music. It made Saul feel better. Saul asked David to live in the palace with him. Whenever Saul felt bad, David played and sang to him. And David learned a lot about being a king while he lived in the palace.

Singing songs about God is one way we can worship Him. Will you sing about God's love for you?

#### DAILY DEVOTIONS

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Sunday - Psalm 68:4

Monday - Psalm 96:2

Tuesday - Psalm 21:13

Wednesday - Psalm 98:5

Thursday - Psalm 135:3

Friday - Psalm 104:33

Saturday - Ephesians 5:19

## Activity

Color the picture of the shepherd and his sheep.  
How many things can you see that a shepherd does for the sheep?

**Circle** the number you found.

**1 2 3 4 5**



## Lesson 5 Letters

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# Best Friends

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## MEMORY VERSE

Proverbs 17:17 - “A friend loves at all times” (NIrV).

## SCRIPTURES

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1 Samuel 18:1-4, 10-16

1 Samuel 19:8-10

1 Samuel 20:1-42

Job 6:14

Proverbs 17:17

Proverbs 18:24

Proverbs 22:11

Proverbs 27:9-10

James 2:23

James 4:4

## WORDS TO KNOW

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SHARED SECRETS - told each other things they didn't tell anyone else

SIGNAL - a warning

SEARCHED - looked for

## THE LESSON

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David lived in the palace with King Saul's family. David's very best friend was King Saul's son, Jonathan. They liked being together. They shared secrets with each other. They helped each other. David and Jonathan loved each other.

Jonathan was Saul's oldest son. He should have followed his father to be the next king. But God picked David for that job. This made Saul so mad, he tried to kill David. Saul threw a spear at David. But, David got away safely. Saul searched for David so he could kill him. But God helped David.

Saul knew David and Jonathan were friends. Saul told Jonathan to find David and bring him to the king. Saul said, “As long as David is alive, you will never be king!”

Jonathan was very sad. He loved David with all his heart. He loved David more than he wanted to be king. So Jonathan went to warn David.

David waited for Jonathan in a field. Jonathan couldn't go near David to talk to him. Saul's soldiers might follow him and catch David. So Jonathan shot an arrow in the field. Jonathan's young helper went to get the arrow. Jonathan called out, "Hurry, run fast." That was a signal for David to run away. Saul was surely trying to kill him.

Jonathan was a good friend. He loved David. And he helped him when David was in trouble. Jesus wants to be your Best Friend. He loves you. He will help you when you are in trouble.

#### DAILY DEVOTIONS

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Sunday - Proverbs 18:24

Monday - Proverbs 22:11

Tuesday - Proverbs 27:9

Wednesday - Proverbs 27:10

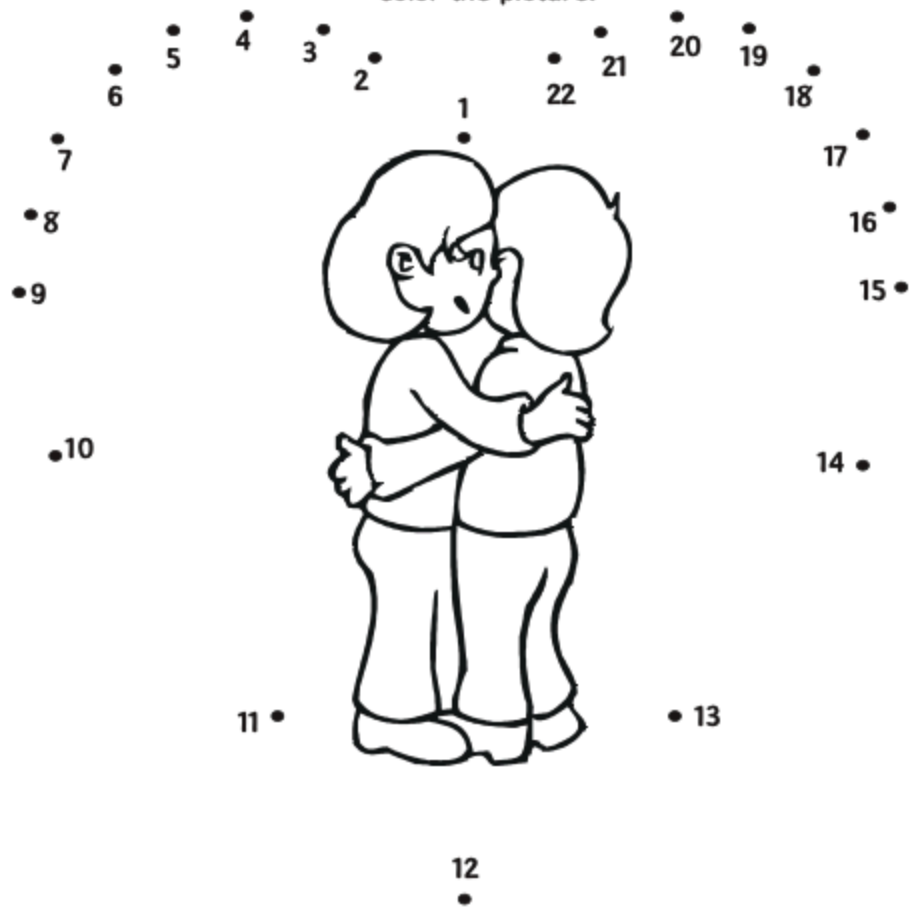
Thursday - James 2:23

Friday - James 4:4

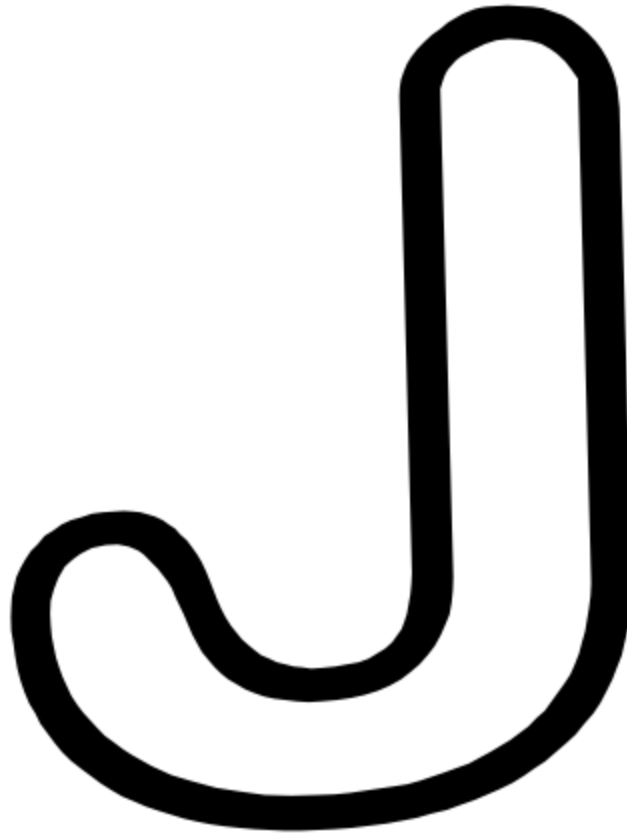
Saturday - Job 6:14

# Activity

Connect the dots and see how friends treat each other.  
Color the picture.



## Lesson 6 Letter



# Wise Solomon

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## MEMORY VERSE

Job 12:13 - “Wisdom and power belong to God” (NIRV).

## SCRIPTURES

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1 Kings 3:3-28

1 Kings 4:29-31

1 Kings 10:23-24

1 Chronicles 22:12

2 Chronicles 1:9-10

Job 12:13

Psalm 37:30

Psalm 111:10

## WORDS TO KNOW

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WISE - knowing a lot of things, including how to make good choices

WISDOM - being wise, being able to make good choices

## THE LESSON

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If you could ask for anything you wanted, and knew you would get it, what would you ask for? Would you ask for a pony? Would you ask for a bike or a scooter? Maybe you'd ask for a new doll or a Spiderman toy.

Solomon was King David's son. Solomon loved God. He showed it by obeying God's laws. So, when King David died, Solomon became Israel's king.

One night Solomon had a dream. The Lord talked to Solomon in his dream. God said, “You can ask for anything you want. I will give it to you.” What do you think Solomon asked for? He was already the king. Do you think he wanted more gold?

Solomon thought about how good God was to his father, King David. God made David king because David loved and obeyed God.

Now Solomon was the king. He wanted to be a good king. He wanted to do things God's way. So, Solomon asked God to make him wise. He wanted God to show him how to do the right things.

God was very happy with Solomon's wish. God said, "You didn't ask to live long. You didn't ask for money. You didn't even ask me to get rid of your enemies. I will give you what you asked for." But that's not all God did. God gave Solomon many more things. He made him rich. Solomon was a very great king. And God let him live a long, long time. It pays to do things God's way!

#### DAILY DEVOTIONS

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Sunday - 1 Kings 3:28

Monday - 1 Kings 4:29

Tuesday - 1 Kings 4:30-31

Wednesday - 1 Kings 10:23-24

Thursday - 1 Chronicles 22:12

Friday - 2 Chronicles 1:9-10

Saturday - Psalm 37:30

# Activity

Color the picture of King Solomon.



## Lesson 7 Letter



# Fed By Birds

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## MEMORY VERSE

Philippians 4:19 - “My God will meet all your needs” (NirV).

## SCRIPTURES

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1 Kings 17:1-6

Psalm 37:25

Psalm 145:15

Proverbs 30:8

Ezekiel 16:19

Matthew 15:35, 37

Luke 12:22-23

Romans 14:17

Philippians 4:19

## WORDS TO KNOW

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BROOK - a small stream of water

CAMP - a group of tents or temporary dwellings

## THE LESSON

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Ahab was a very bad king. He did more bad things than any other king. So, God sent Elijah to give Ahab a warning. Elijah said, “I serve the God who lives. There will not be any rain until I say so.” Without rain, fruits and vegetables wouldn’t grow. People would run out of food. This made Ahab mad.

God told Elijah to go away for a while. He sent Elijah to a little brook. There was water for Elijah to drink. But, what would he eat?

Do you remember how God fed the Israelites in the desert? First He sent down bread from heaven. All the Israelites had to do was pick it up from the ground. Then God sent them birds for meat. The Israelites didn’t have to hunt them. The birds landed right in their camp.

God sent birds to Elijah, too. But, these birds were not for him to eat. They were special birds. They carried food to Elijah every day. In the morning birds brought bread and meat. And at night birds brought more bread and meat.

God always takes care of people who love and obey Him. He knows that you need food, clothes, and a warm place to live. So, God gave you a mommy and daddy to take care of you.

He knew what Elijah needed, too. So God sent him some special birds to take care of him.

#### DAILY DEVOTIONS

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Sunday - Psalm 37:25

Monday - Psalm 145:15

Tuesday - Ezekiel 16:19

Wednesday - Proverbs 30:8

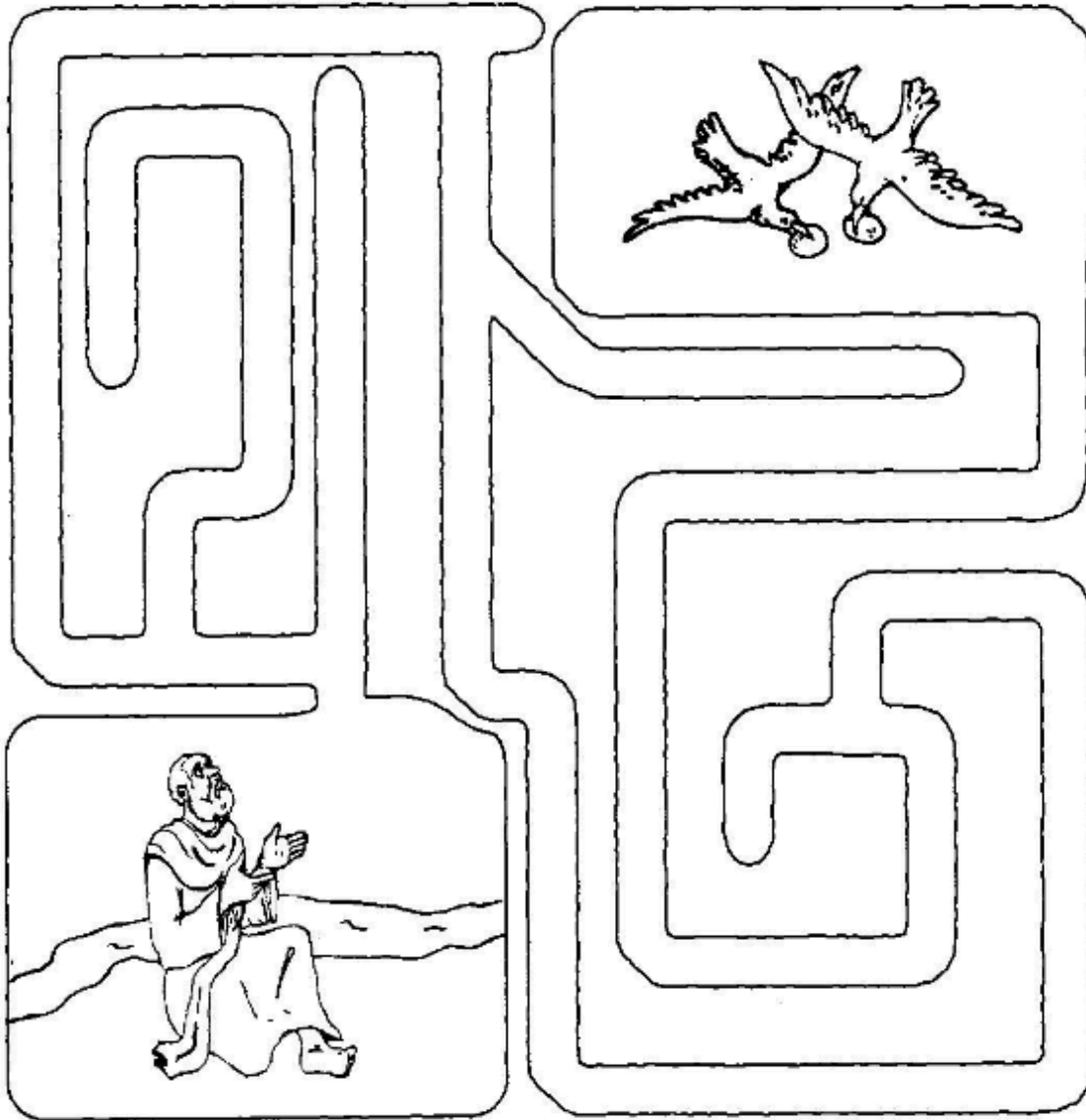
Thursday - Matthew 15:35, 37

Friday - Luke 12:22-23

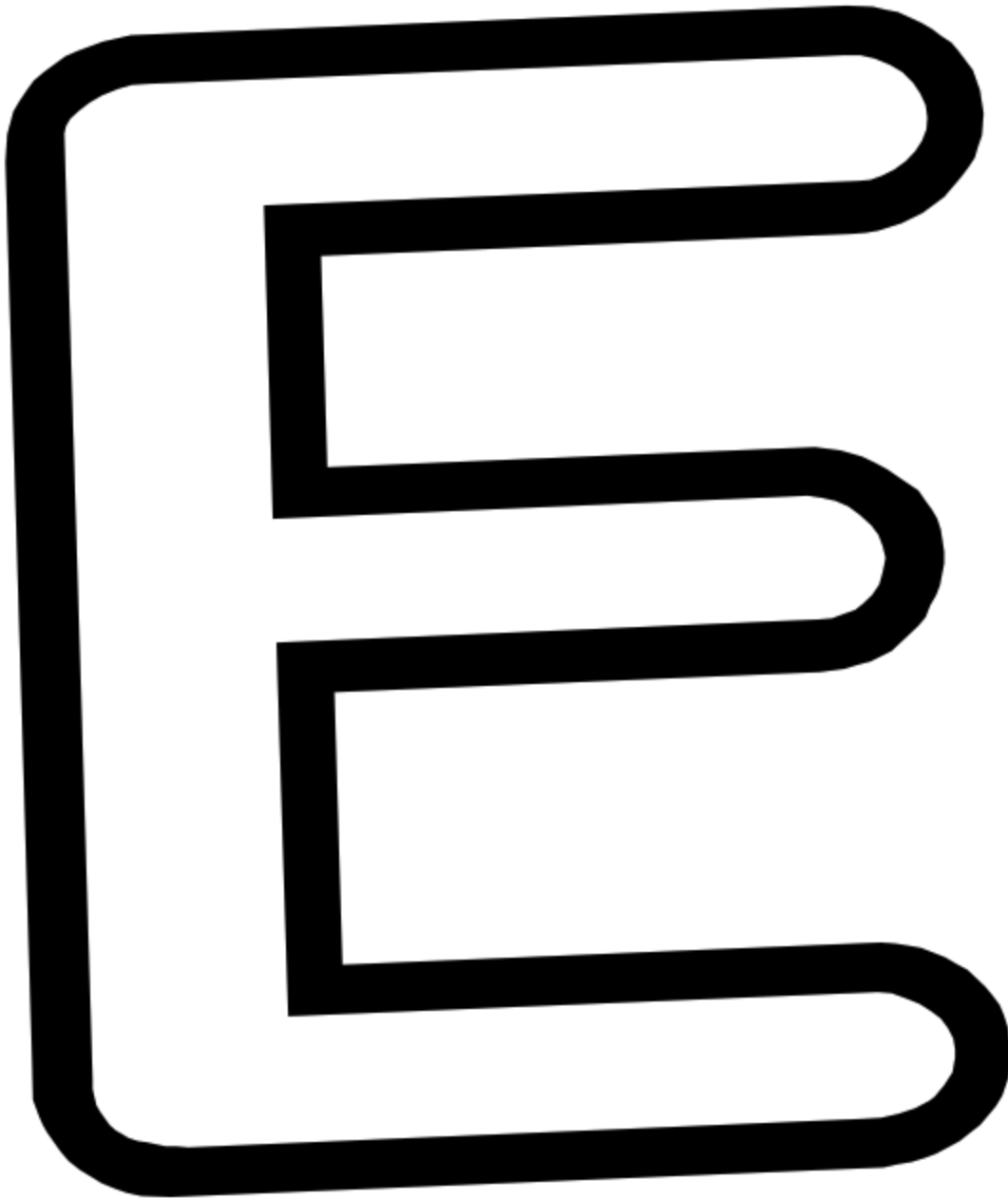
Saturday - Romans 14:17

# Activity

Follow the maze to show the birds where to take food to Elijah.



## Lesson 8 Letter



# A Jar and Jug

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## MEMORY VERSE

Philippians 4:19 - “My God will meet all your needs” (NirV).

## SCRIPTURES

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1 Kings 17:7-16

Psalm 37:25

Proverbs 15:6

Malachi 3:10

Matthew 6:31-32

Romans 9:21

1 Corinthians 1:27-29

Philippians 4:19

Hebrews 4:16

## WORDS TO KNOW

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JAR - container made of glass or earthenware with a large opening

JUG - container for holding liquids, with a small opening and a handle

MIRACLE - a wonderful thing that only God can do

POOR - having little or no money or means of support

## THE LESSON

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God sent Elijah away from angry King Ahab. A brook gave Elijah water to drink. Birds brought Elijah food to eat. He sat by the brook for many days. But one day the brook was dry because there had been no rain. Elijah had nothing to drink.

The Lord told Elijah to go to the city of Zarephath. A woman there would take care of Elijah and give him food to eat. So Elijah went to Zarephath.

As he went in the gate, Elijah saw a woman picking up some sticks. He was very thirsty. So, Elijah asked her for a drink of water. While she was getting it, Elijah asked her to bring him something to eat, too.

The woman was very poor. She had no food. Her husband was dead. All she had left was a little jug of oil and some flour in a jar. She was picking up sticks to make a fire. She would mix the oil

and flour and cook something for her and her son to eat. Then there would be nothing left.

Elijah told the woman not to be afraid. He said, “Make me a little bread first. Then make some for yourself and your son.” Would there be enough flour and oil?

God said that the oil and the flour would not run out. There would always be enough until God again sent rain to the land. God gave them food to eat. This was a miracle!

God was taking care of Elijah by sending him to the woman. He took care of the woman by not letting the oil and flour run out. How does God take care of you?

#### DAILY DEVOTIONS

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Sunday - Proverbs 15:6

Monday - Matthew 6:31-32

Tuesday - Romans 9:21

Wednesday - Philippians 4:19

Thursday - Psalm 37:25

Friday - Hebrews 4:16

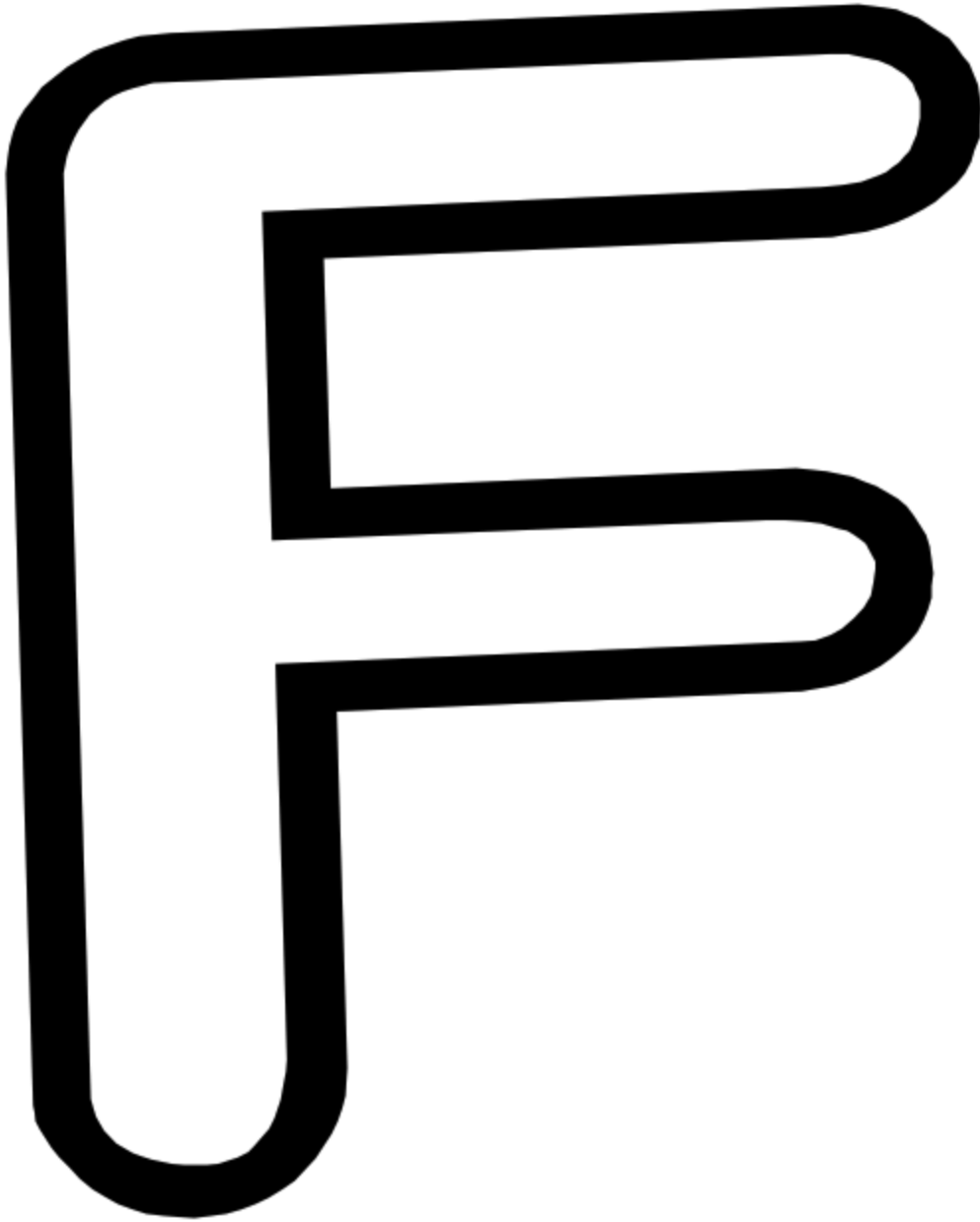
Saturday - Malachi 3:10

# Activity

God sent a woman to give Elijah food when he was hungry.  
God didn't let the oil or flour run out so they had food to eat.  
Draw a circle around your favorite food. Color the food.



## Lesson 9 Letter



# The True God

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## MEMORY VERSE

1 Kings 18:39 - “The LORD is the one and only God” (NIRV).

## SCRIPTURES

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Deuteronomy 6:4

1 Kings 18:20-40

1 Kings 18:39

Jeremiah 10:10

Daniel 6:26

Zechariah 14:9

Acts 14:15

1 Corinthians 8:6

1 John 5:20

## WORDS TO KNOW

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FALSE - not real, wrong

PROPHET - a religious leader who claims to tell the future

SACRIFICE - an offering given to God

## THE LESSON

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King Ahab was a very bad king. He did many bad things. He even tried to make people worship the false god, Baal. He built altars for the people to offer sacrifices.

Elijah loved the true God. He didn't like the way Ahab treated people who worshiped God. One day he went to King Ahab. Elijah said, “Let's have a test to prove that the God of heaven is the true God.”

It hadn't rained for a long, long time. Rivers were dry. Plants and animals were dying because there was no water. People were running out of food. People prayed to Baal, but no rain came. Do you know why?

Here was Elijah's test. He and the false prophets built altars. They put a young bull on both altars. Elijah said, “If Baal sends fire to burn the offering, then he is god. But if the God of heaven sends down fire, then He is the true God.”

The false prophets started praying. They yelled louder and louder, but no fire came. Elijah said, “Maybe he is asleep.” The false prophets cut themselves, but nothing happened.

Elijah stood before his altar. He had men pour water on the altar and the ground. Then Elijah prayed. “Lord, show us today that you are the true God.”

All of a sudden there was fire on the sacrifice, on the wood, and all the water dried up. Everyone knew the God in heaven is the true God. They bowed down to worship Him.

#### DAILY DEVOTIONS

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Sunday - Deuteronomy 6:4

Monday - 1 Corinthians 8:6

Tuesday - Jeremiah 10:10

Wednesday - 1 John 5:20

Thursday - Zechariah 14:9

Friday - Daniel 6:26

Saturday - Acts 14:15

# Activity

In Israel there was no rain for 3½ years. Elijah prayed for rain 7 times.  
Circle each raindrop that has one of these letters:

**R A I N**

Color the picture.



## Lesson 10 Letter

